



THE FIJI PLAN OF ACTION FOR NUTRITION



**[FPAN]
2010 - 2014**

THE FIJI PLAN OF ACTION FOR NUTRITION

**[FPAN]
2010 - 2014**



Prepared by the
National FPAN Advisory Committee (FPAN AC)
National Food and Nutrition Centre
Ministry of Health

July 2010

TABLE OF CONTENTS

ACRONYMS	1	
Foreword from Prime Minister	2	
Statement from Minister for Health	3	
Remarks from Permanent Secretary for Health	4	
CHAPTER 1	FOOD AND NUTRITION SITUATION IN FIJI	5
1.1	Introduction	5
1.2	The Current food and nutrition-related problems	5
1.3	Causes for national deterioration in nutritional-health	6
1.4	Associated costs	7
1.5	Initiatives of Government to improve food security	7
1.6	How Government can strengthen efforts	8
CHAPTER 2	FOOD AND NUTRITION POLICY AND NFNC	9
2.1	Fiji food and nutrition policy	9
2.2	The National Food and Nutrition Centre/Committee	9
CHAPTER 3	THE FIJI FOOD AND NUTRITION PLAN OF ACTION	11
3.1	The Policy basis of the revised Fiji Plan of Action for Nutrition	11
3.2	The role of the National FPAN Advisory Committee (FPAN AC)	11
3.3	Development of the Fiji Plan of Action for Nutrition	12
3.4	The nature and purpose of the Fiji Plan of Action for Nutrition	12
3.5	Overall Policy goals, objectives and targets of FPAN	12
3.6	Implementation of FPAN	14
3.7	Budgets for the NFNC and FPAN	14
3.8	Fiji Plan of Action for Nutrition (FPAN) Framework 2010 - 2014	15
3.8.1	Policy 1 Advocate nutritional issues and mainstreaming into the Government decision making system	15
3.8.2	Policy 2 Promote and sustain household food security	16
3.8.3	Policy 3 Improve national nutritional status	18
3.8.4	Policy 4 Protect consumers through improved quality and safety of food and water	19
3.8.5	Policy 5 Improve nutritional status of nutritionally vulnerable groups	20
3.8.6	Policy 6 Nutrition policy for schools	22
3.8.7	Policy 7 Promote healthy diets and lifestyles	23
3.8.8	Policy 8 Establish and promote nutrition surveillance	25
3.8.9	Policy 9 Strengthen collaboration with development partners	25
Bibliography	26	
Annex 1: Cabinet decision on the 2009 Fiji Plan of Action for Nutrition	27	
Annex 2: Nutrition Policy Cycle and FPAN	28	
Annex 3: FPAN Advisory Committee [FPAN AC] 2009	29	
Annex 4: Alphabetical listing of stakeholders and their activities	30	

ACRONYMS

Government Ministries / NSAs / Agencies

1	FPAN	Fiji Plan of Action for Nutrition
2	FPAN AC	Fiji Plan of Action for Nutrition Advisory Committee
3	FPAN SG	Fiji Plan of Action for Nutrition Steering Group
4	ANC	Ante Natal Clinic
5	CBA	Child Bearing Age
6	CCoF	Consumer Council of Fiji
7	COMBI	Communication for Behavioural Impact
8	EBF	Exclusive Breastfeeding
9	FHG	Food and Health Guidelines
10	FIBOS	Fiji Islands Bureau of Statistics
11	FIRCA	Fiji Inland Revenue and Customs Authority
12	FNU	Fiji National University
13	FTCA	Fair Trading and Consumer Affairs
14	ICD	Integrated Community Development
15	ITC	Information Technology and Computing Services
16	IYCF	Infant and Young Child Feeding
17	MCH	Maternal and Child Health
18	MIA	Ministry of Indigenous Affairs
19	MNP	Ministry of National Planning
20	MoE	Ministry of Education
21	MoH	Ministry of Health
22	MoI	Ministry of Information
23	MoJ	Ministry of Justice
24	MoW	Ministry of Women
25	MPD	Ministry of Provincial Development
26	MPI	Ministry of Primary Industries - Department of Agriculture and Fisheries
27	NCD	Non Communicable Diseases
28	NCHP	National Centre for Health Promotion
29	NDMO	National Disaster Management Office
30	NFNC	National Food and Nutrition Centre
31	NNS	National Nutrition Survey
32	NSAs	Non State Actors [including NGOs]
33	PIB	Prices and Incomes Board
34	PWD	Public Works Department
35	SCC	Suva City Council
36	TOT	Training of Trainers
37	WBW	World Breastfeeding Week
38	WFD	World Food Day

Foreword, Prime Minister



I am honoured to present the Government of Fiji's Plan of Action for Nutrition 2010-2014.

The Fiji Plan of Action for Nutrition [FPAN] was endorsed by Government in December 2009 as a high-level framework to improve the nutrition and health of the people in Fiji. Over the past year, the National Food and Nutrition Centre of the Ministry of Health has networked with various ministries, organizations and groups to develop FPAN.

The nutritional well being of a population reflects the progress of national development, thus this 5-year Plan has been formulated to prioritize the combined performance indicators and outputs needed from key Ministries within the social and economic sectors.

The Fiji Plan of Action for Nutrition 2010-2014 will reinforce Government's commitment to improve food security, nutrition and health of its population and at the same time contribute to Pillars 10 and 8 of the Peoples Charter for Change, Peace and Progress.

A healthy, well nourished and educated population provides the best foundation for promoting national economic growth. On the other hand, unhealthy people experience reduced mental and physical capacity, and a shorter span of working years, adversely affecting economic productivity of the nation. Our statistics tell us that we need to improve our health, and FPAN will contribute to this.

The full potential of economic development cannot be achieved if the health and productivity levels of the population are compromised. An integrated approach to food and nutrition policies is essential because the responsibilities for achieving population optimal health and productivity lie within several ministries.

I encourage all citizens of our beloved Fiji to join hands in assisting the leading ministries in building a healthier nation in order to nurture a healthy and productive population, by producing enough local food for local consumption, developing healthy eating habits, engaging in regular physical activities, and living a healthy life style.

I look forward to the support from all ministries and agencies for the implementation of this Fiji Plan of Action for Nutrition to achieve the desired results.

Vinaka, Vakalevu

A handwritten signature in black ink, which appears to read 'Bainimarama', written over a dotted line.

Commodore J.V. Bainimarama

Prime Minister

Statement, Minister for Health



I have the pleasure of presenting the Fiji Plan of Action for Nutrition [FPAN] 2010-2014.

The policy objectives and strategies reflected in the FPAN 2010-2014 denote the priority areas that the Ministry of Health through the National Food and Nutrition Centre will coordinate during the 5-year period in order to deliver an efficient program of nutrition activities that is responsive to the needs of the people.

Fiji is beset with serious but preventable nutrition-related diseases such as diabetes, coronary heart diseases, high blood pressure, anaemia and undernutrition in children. These preventable conditions burden the economy with excessive medical costs both in relative and absolute dollar terms and a significant loss of human development potential and work productivity.

This multi-sectoral Fiji Plan of Action for Nutrition is outcome focused and action oriented, so that all the relevant stakeholders, including the community at large can work towards a common set of results. Its development has begun the process of intersectoral and interagency action, including the private sectors. This will assist all stakeholders identify where and how they can contribute to the overall goal of FPAN.

I wish to take this opportunity to thank all our valued partners for their continued assistance in terms of technical and financial assistance to complement the allocated annual budget to enable the National Food and Nutrition Centre coordinate with relevant ministries and agencies the implementation of strategies and activities stated in FPAN.

I look forward to your continued support, dedication, commitment and perseverance to continuously provide an efficient and responsive nutritional health service to all.

A handwritten signature in black ink, appearing to read 'Neil Sharma', written over a horizontal dotted line.

Dr Neil Sharma

Minister for Health

Remarks, Permanent Secretary for Health



I am pleased to share a few thoughts on the Fiji Plan of Action for Nutrition [FPAN] 2010-2014.

The FPAN has been developed to achieve the overall goal of nutritionally healthy communities in Fiji.

The FPAN 2010-2014 captures the multi-sectoral effort needed between government ministries and private organizations, non-state groups and non-government agencies. The implementation of strategies will lead to the achievement of the outcomes in the Government Strategic Plan.

The FPAN outlines programs and activities to tackle the growing problems of poor nutrition, physical inactivity and non-communicable diseases [NCDs]. A considerable amount of time and increased effort are needed to fully implement the plan if a nutritionally healthy population is to be achieved in Fiji.

The Plan of Action for Nutrition details a comprehensive but do-able programme with our major stakeholders. Actions will take place at different levels from national, divisional and subdivisional and at community levels.

The Ministry of Health invites our partners to fully participate in the implementation of FPAN. It is suggested that you set it along side your own Strategic and Corporate Plans to find out common areas where you can act to implement the FPAN. We encourage robust communications between agencies so that there is no gap or duplication of our combined effort.

I wish everyone good health, and I encourage all relevant ministries, organizations, agencies and all our stakeholders to support and commit to the implementation of the Fiji Plan of Action 2010-2014.

Dr Salanieta Saketa

Permanent Secretary for Health

CHAPTER 1

FOOD AND NUTRITION SITUATION

1.1 INTRODUCTION

- 1.1.1 The nutritional well being of a population is an indicator of national development, and as such reflects the combined performance of key Ministries within the social and economic sectors.
- 1.1.2 Generally, a healthy, well nourished and educated population provides the best foundation for promoting national economic growth. However, an unhealthy population experiences reduced mental and physical capacity, and a shorter span of working years, adversely affecting economic productivity of the nation.
- 1.1.3 Fiji is beset with serious but preventable nutrition-related diseases caused by diabetes, coronary heart diseases, high blood pressure, anaemia and undernutrition in children. These preventable conditions burden the economy with excessive medical cost both in relative and absolute dollar terms and a significant loss of human development potential and work productivity.
- 1.1.4 The full potential of economic development cannot be achieved if the health and productivity levels of the population are compromised. An integrated approach to the establishment of effective food and nutrition policies is essential because the food and nutrition strategies needed to achieve population optimal health and productivity lie within the responsibilities of several ministries.

1.2 THE CURRENT FOOD, NUTRITION-RELATED HEALTH PROBLEMS

- 1.2.1 Findings from the 1993 and 2004 NNS showed the problems of infant malnutrition, underweight children, anaemia and overweight in many adults leading to heart diseases and diabetes appear to be worsening. For example, the proportion of the population with healthy weight was 40% in 1993 but was only 38% in 2004. In other words, more than 60% of the total population were found to be of unhealthy weight i.e. they either were overweight, obese or underweight.
- 1.2.2 Overweight and obesity in 1993 was 33% but the 2004 NNS found the rate was 56%; overweight in children tripled in 2004 compared to the 1993 NNS. Overweight is a major risk factor for coronary heart disease and type 2 diabetes, and its association with both diet and lifestyle.
- 1.2.3 Anaemia rates among the population increased to 32% in 2004 from 27% in 1993. Forty percent (40%) children under 5 years were anaemic in 1993 but the proportion had increased to 50% in the 2004 NNS. Mortality in the under 5 years peaked at around 1 year of age
- 1.2.4 The rate of mortality in adults increases exponentially around 33 yrs of age peaking at around 60 years of age. This is the most economically productive age group. Addressing modifiable risk factors such as nutrition is most likely to improve life expectancy.

1.3 CAUSES FOR NATIONAL DETERIORATION IN NUTRITIONAL-HEALTH

- 1.3.1 Research in Fiji and other Pacific Islands has clearly shown that a major cause of all prevalent non-communicable diseases and nutrient deficiency diseases has been the change to poorer quality diet, and lifestyle as a result of development and modernization.
- 1.3.2 Available information indicates a downward trend in the production of traditional food crops for local consumption and a subsequent increase in the consumption of cereals such as flour and flour products and rice.
- 1.3.3 Food Balance Sheet data spanning the period 1992-2006 on major sources of calories from the available food supply clearly showed the above trend – cereals replacing root crops as a source of energy.
- 1.3.4 Fiji imports more than 50% of calories from vegetables and 27% of calories from fruits.
- 1.3.5 The total calories available per capita per day from the food supply has increased from 2819 in 1985 to 3298 in 2006
- 1.3.6 However, the 2004 NNS 24hr diet recall showed about 47% of the population consumed less than the minimum daily energy recommendation (1850 Kcal), indicating that some sections of our population do not have enough food to eat.
- 1.3.7 There has also been a gradual increase in the contribution of fat as a source of energy from animal and vegetable oil & fat in the diet from 47% in 1992 to 55% in 2005.
- 1.3.8 Results of the 1993 and 2004 National Nutrition Surveys indicate a shift in preference from nutritious traditional vegetables and fruits to more introduced and imported varieties.
- 1.3.9 Sheep/lamb import data showed Fiji imported \$24,753,837 worth in 2002 while in 2008, we imported \$28,496,040 worth. The supply of fat per person per day from sheep/lamb has steadily increased over the years. In 2006 sheep/lamb contributed about 47% out of all meat fat in the available food supply.
- 1.3.10 The data on available food for consumption per day per head of population estimated from the Food Balance Sheets indicate the following trends in imported calories, protein and fat:

Proportion of food (nutrients) imported

Year	%Kcal	% Protein	% Fat
1985	42	65	46
1995	57	62	65
2000	56	59	63
2005	58	59	59

The above shows that Fiji is largely import-dependent for food

1.4 ASSOCIATED COSTS ARISING FROM THE CURRENT FOOD AND NUTRITION SITUATION

- 1.4.1 Malnutrition and micronutrient deficiency in infancy is strongly associated with poor development and poor performance at school. It interferes with motivation, ability to concentrate and ability to learn despite any interventions in the intervening years. Thus, in addition to cost of treatment, there is also human cost due to irreversible loss of opportunity resulting from malnutrition for the individual throughout the lifespan.
- 1.4.2 Anaemia severely affects physical and mental performance of individuals and so productivity in adults.
- 1.4.3 Malnutrition in pregnant women is associated with low birth weight in infants. This affects the infant's immune system development which results in lower resistance to infections that contribute to mortality.
- 1.4.4 Poor nutrition caused by lack of sufficient food to provide adequate energy, protein, vitamins and minerals, results in low levels of health. This contributes to poor physical performance and frequent work absenteeism due to illness/infection.
- 1.4.5 The loss of working years due to debilitating morbidity as well as premature deaths at the peak of the economically productive years from NCDs add considerably to national health care costs. The 'hidden' burdens of the social and economic costs borne by families of those who are afflicted by these health conditions are often not considered.
- 1.4.6 Current trend in dependence on overseas markets for most of our national food supplies reduces our foreign exchange.
- 1.4.7 In addition, it undermines time-tested traditional forms of food production (agriculture, fisheries and preservation methods). Acquired taste and preference for the convenience of imported processed food will further undermine the viability of locally produced food. Changing food consumption pattern resulting from many more variety and forms of food will continue to impact the dual situation of under- and over-nutrition, both of which result in poor health.

1.5 INITIATIVES OF GOVERNMENT TO IMPROVE NATIONAL FOOD SECURITY, NUTRITION AND HEALTH

- 1.5.1 Government's recognition of the importance of nutrition in development, and the need for intersectoral action to improve the food and nutrition situation of the country, led to the establishment of the NFNC by Cabinet subvention in 1982 charged with the role of coordinating the intersectoral efforts needed to correct the growing food, nutrition and health problems. Unfortunately, NFNC was not given "line" function within Government, and had not had the proper authority to effectively undertake the coordinating role although it continues to carry out a monitoring role.
- 1.5.2 Other initiatives by Government effected through sectoral policies, programmes and activities have seen improvements in overall standard of living. These include literacy, environmental sanitation, community health services, immunisation and family planning. Government through the Ministry of Health has implemented national salt iodisation, banning of sale of mutton flaps, income-generating programmes, Food Safety Act and most recently, national iron and micronutrient supplementation.
- 1.5.3 Fiji held its inaugural Food Summit in August 2009 to address national food security. The summit was attended by representatives of Government, the private sector, civil society, regional and international organisations. The purpose of the meeting was to determine how the public and private-civic sectors can work together to improve the health benefits of improved food security.

1.6 HOW CAN GOVERNMENT STRENGTHEN EFFORTS TO IMPROVE NATIONAL FOOD SECURITY, NUTRITION AND HEALTH?

- 1.6.1 Through endorsing the World Declaration and Plan of Action for Nutrition at the International Conference on Nutrition (ICN), Rome, 1992, the Fiji Government had made commitment to implement FPAN as a framework for intersectoral cooperation to address food and nutrition problems.
- 1.6.2 The Fiji Plan of Action for Nutrition presents a unique opportunity to revitalize the commitment by Government to improve the food and nutrition situation of its people, and in particular, effectively coordinate the approach to food and nutrition development in Fiji.
- 1.6.3 The revision of the 1998 FPAN is a culmination of the following activities:
- The analysis of current food and nutrition situation based on a wide range of information additional to the National Nutrition Surveys
 - The review of the 1998 FPAN
 - The review and endorsement of the National Food and Nutrition Policy 2008
- 1.6.4 The strengthening of the National Food and Nutrition Centre will reinforce Government's commitment to improve the food, nutrition and health of its population and at the same time contribute to Pillars 10 and 8 of the Peoples Charter for Change, Peace and Progress.
- 1.6.5 Further the routine incorporation of nutrition considerations, objectives and components in development planning will ensure the institutionalisation of food and nutrition related concerns with positive implications for greater visibility of programmes and sustainable improvements.

WORLD FOOD DAY



CHAPTER 2

FOOD AND NUTRITION POLICY & THE NATIONAL FOOD AND NUTRITION CENTRE (NFNC)

2.1 FIJI FOOD AND NUTRITION POLICY

- 2.1.1 The first policy (1982) was revised to take into account the current food and nutrition situation based on the most recent data such as the 2004 National Nutrition Survey, the 2002 STEPS (NCD) Survey, Fiji Foods Balance Sheet and other relevant information available.
- 2.1.2 The revised National Food and Nutrition Policy, endorsed by Government in September 2008, contained nine [9] Policy Statements:
- i. Advocate nutritional issues and mainstreaming into the Government decision-making system.
 - ii. Promote and sustain household food security.
 - iii. Improve national nutritional status.
 - iv. Protect consumers through improved quality and safety of food and water.
 - v. Improve nutritional status of the socio-economically disadvantaged and the groups that are nutritionally vulnerable (including children, mothers, the aged, differently-abled and those living with HIV/AIDS).
 - vi. Nutrition policy for schools.
 - vii. Promote healthy diets and lifestyles.
 - viii. Establish and promote nutrition surveillance and monitoring system.
 - ix. Strengthen collaboration with development partners.
- 2.1.3 The above nine (9) policy statements form the core of the proposed Fiji Plan of Action for Nutrition.

2.2 NATIONAL FOOD AND NUTRITION CENTRE/COMMITTEE

- 2.2.1 Based on Government's commitment made in DP7 in 1976: "Food of adequate nutritional standard must be made available to every member of the community in order to maintain physical and mental health and to enable people to realize their potential", the National Food and Nutrition Committee (NFNC) was established by a Cabinet subvention in 1982 guaranteeing annual funding grant to sustain the organisation and enable it to carry out its special functions.
- 2.2.2 The NFNC was charged with the responsibility of monitoring the food and nutrition situation, coordinating food and nutrition activities and advising government on matters relating to food and nutrition. Specifically its role was to:
- a) Formulate an integrated food and nutrition policy and indicate the type of programmes necessary to achieve improvement, and priorities for implementation;

- b) Assist in the coordination of the activities of the Ministries involved in food and nutrition especially in:
 - i. Evaluating the present situation and recording changes in the nutrition status of the population and in particular the nutritional status of the groups at risk;
 - ii. Compiling food balance sheets to be used by Ministries as an instrument for future planning;
 - iii. Making recommendations on food to be used in emergencies and methods of distribution;
- c) Advise Government on matters relating to food supplies, trends in consumption and their effect on the nutritional status of the communities, and food imports;
- d) Evaluate policies and campaigns in the field of food and nutrition;
- e) Assist the Consumer Council to protect the public against high prices, poor quality foods being sold in the market, false and misleading advertisements etc.;
- f) Provide a forum for discussion in nutrition training and coordinating nutrition education activities carried out by different Ministries and other organizations.

2.2.3 The NFNC was placed under the Ministry of Health for administrative purposes. The first Food and Nutrition Policy Guidelines developed in 1982 guided the NFNC activities in its early days.

2.2.4 NFNC has continued to carry out its core function of formulating evidence based food and nutrition policy and monitoring the food and nutrition situation in the country.



CHAPTER 3

THE FIJI FOOD AND NUTRITION PLAN OF ACTION

3.1 THE POLICY BASIS OF THE REVISED FIJI PLAN OF ACTION

- 3.1.1 The proposed Fiji Plan of Action for Nutrition (FPAN) has been designed so that it is aligned to the recently endorsed National Food and Nutrition Policy, and is in compliance with priority areas of Government ministries.
- 3.1.2 National priorities for action in FPAN are based on a number of premises:
- i) The worldwide International Conference on Nutrition (ICN) priorities for action for which Fiji had identified eight out of nine themes as most appropriate
 - ii) The Millennium Development Goals
 - iii) Global Strategy on Diet, Physical Activity and Health
 - iv) Peoples Charter for Change, Peace & Prosperity
 - v) The Government Strategic Development Plan 2007-2011
 - vi) Ministry of Health Strategic Plan 2007-2011
 - vii) Education Sector Strategic Plan 2009-2011
 - viii) Ministry of Agriculture and Primary Industries
 - ix) Fiji National Food and Nutrition Policy 2008
 - x) Food and Nutrition Policy for Schools 2009

3.2 THE ROLE OF THE NATIONAL FPAN ADVISORY COMMITTEE

- 3.2.1 The mandate to coordinate and monitor the food and nutrition related activities were vested in the National Food and Nutrition Centre/Committee.
- 3.2.2 Because of the multi-sectoral nature of nutrition, a multi-sectoral National FPAN Advisory Committee (FPAN AC) was established in early 2009 to assist the Nutrition Centre develop the Plan of Action with the Centre acting as the secretariat. Membership of the FPAN AC consisted of representatives of government ministries and non-government agencies/sectors established The FPAN AC was chaired by National Planning.
- 3.2.3 A selected Steering Group [FPAN SG] (Ministry of Agriculture, Ministry of Education, Ministry of Health, and the Ministry of National Planning) from the larger FPAN AC took the leading role in the developmental work.
- 3.2.4 Technical support was also received from JICA expert, WHO, FAO and SPC.
- 3.2.5 The FPAN AC met a number of times in 2009 to determine priorities, policy actions and timelines for implementation of FPAN. The Committee refined the strategies and set clearly-defined strategic objectives and measurable indicators, timelines and set appropriate budget estimates for the 5-year implementation period.

3.3 DEVELOPMENT OF THE FIJI PLAN OF ACTION FOR NUTRITION

- 3.3.1 Fiji was one of the 159 states that attended the International Conference on Nutrition (ICN) in Rome, 1992, and supported the declaration to eliminate hunger and reduce all forms of malnutrition. The ICN recognizes that the world has the food resources to address the problems of poor health and malnutrition.
- 3.3.2 In September 2008, Government endorsed the revised Fiji Food and Nutrition Policy to replace the 1982 Food and Nutrition Policy. It also agreed and directed that the 1998 Fiji Plan of Action for Nutrition be modified accordingly to align it with the 2008 National Food and Nutrition Policy (IGCP (08)340).
- 3.3.3 The Plan of Action provides the framework through which we in Fiji can develop and use economic resources to provide our people adequate access to sufficient food for good health (food security) through sound environmental development policies.

3.4 THE NATURE AND PURPOSE OF THE FIJI PLAN OF ACTION FOR NUTRITION

- 3.4.1 The proposed Fiji Plan of Action for Nutrition (FPAN) operationalizes the National Food and Nutrition Policy endorsed by Cabinet in 2008.
- 3.4.2 FPAN provides a multi-sectoral framework for action. The framework consists of attainable goals and measurable targets, based on the Corporate Plans of the two major partners, the Ministry of Health and Ministry of Agriculture.
- 3.4.3 The FPAN framework also incorporates principles and relevant strategies of the Millennium Development Goals as well as Fiji's Strategic Framework for Change, Peace and Progress.
- 3.4.4 The basic approaches of FPAN to achieve its goals (refer 3.5) can be grouped into:
- i. Incorporate Nutrition into development policies;
 - ii. Promote food security through improved food availability and accessibility
 - iii. Empower people with the knowledge and skills to deal with our food and nutrition situation
 - iv. Promote appropriate diets and lifestyle conducive to good health
 - v. Conduct research and evaluate nutrition-related intervention programmes
 - vi. Periodical monitoring of the food situation and nutritional health in Fiji
 - vii. Promote multi-sectoral and inter-sectoral cooperation in food and nutrition activities
- 3.4.4 The FPAN is the Food and Nutrition Centre's 5 year Strategic Plan 2010-2014.

3.5 OVERALL POLICY GOALS, OBJECTIVES AND TARGETS OF FPAN

- 3.5.1 The broad policy goal of the Fiji Plan of Action is nutritionally healthy communities by improving the nutritional status and health of the population.

3.5.2 The objectives of FPAN are:

- o Improvement in the overall nutritional status of the population;
- o Improvement in eating habits of the population, more specifically among the high-risk groups;
- o Improvement in availability and access to nutritious food;
- o Increased production and consumption of especially local fresh foods;
- o Increased in acreage of agricultural land devoted to food crops;
- o Establishment of agricultural research to improve post harvest quality of locally produces food, and disaster preparedness;
- o Establishment of a system for estimating subsistence production;
- o Promotion of implementation of food and nutrition policy for schools
- o Active participation of the private sector in support of the food and nutrition programmes and activities;
- o Active participation of NGOs in the delivery of food and nutrition programmes and activities;
- o Establishment of effective procedures for intersectoral cooperation in the delivery of food and nutrition related activities;
- o Establishment of food and nutrition monitoring surveillance system to periodically assess the food and nutrition situation in the country;
- o Routine incorporation of nutrition objectives into development policies and programmes;
- o Improved enforcement of the Food Safety Act
- o Legislation and implementation of Fiji's Code of Marketing Breast Milk Substitutes;

3.5.3 The short/medium term targets of FPAN (by the year 2014) are listed below being part of the Fiji National Food and Nutrition Policy developmental:

- i) Ensure a level of food supply to maintain adequate nutrition and dietary well-being for all sectors of the population by 2014 (maintain calories per capita per day at 3040 kcals (2002 level) or reduce by 5% to 2888 kcals;
- ii) Simultaneously with i) reduce imported kilocalories per capita per day to 50% by 2014;
- iii) Increase percent of population achieving minimum energy requirements (1850 kcal/day) from 47% (2004 level) to 55% by 2014;
- iv) Increase percent total energy from traditional starchy foods per capita (2001 level 19%) to 25% in 2014;
- v) By 2014, reduce % fat contribution to total kcal per capita per day from 30% (2002 level) to 25%;
- vi) Increase percent total population consuming at least 3 serves of fruits and vegetables per day to 50% in 2014;
- vii) Increase percent total population with healthy weight from 38% (2004 level) to 45% in 2014;
- viii) Simultaneously reduce rates of overweight and obesity from 60% (2004 level) to 55% in 2014;
- ix) By 2014, decrease rates of low birth weight babies from 10.2 (2004 level) to 9%;
- x) By 2014, decrease percent prevalence of underweight in children under 5 yrs from 7% (2004 level) to 6.5%;
- xi) By 2014, decrease % of anaemia in the population from 32% (2004 level) to 20-25%;

- xii) By 2014 decrease % iron deficiency in CBA women from 23% (2004 level) to 15-20%;
- xiii) By 2014 decrease % zinc deficiency in CBA women from 39% (2004 level) to 37%.

3.6 IMPLEMENTATION OF FPAN

- 3.6.1 FPAN is the NFNC 5 year Strategic Plan.
- 3.6.2 The identification of activities in FPAN was realized via consultation with representatives of various ministries. Hence these may be part of their respective plans.
- 3.6.3 For FPAN to work through multi-sectoral cooperation, proper coordination is critical. It makes it essential that the FPAN AC members are senior officers located within Government structure with sufficient authority and resources to provide the assistance required to meet their own as well as the food and nutrition goals.
- 3.6.4 The National Food and Nutrition Centre (NFNC) was established and funded by Government and mandated to assist in the coordination of food and nutrition activities in the country through FPAN. The NFNC has the structure needed to fulfil this role with the support of the FPAN AC members.
- 3.6.5 To enable the NFNC to function more effectively within a multi-sectoral environment, it needs to be strengthened by providing it the appropriate status and resources.

3.7 BUDGETS for the NFNC and FPAN

- 3.7.1 The basic annual grant provided by Government to NFNC via the Ministry of Health for the last 27 years adequately covers the operational expenses of the organisation. This has been reduces progressively over the years. Additional funds from the Ministry of Health programmes and donor agencies cover the NFNC programme activities.
- 3.7.2 It is expected that the proposed budget estimate will cover the cost of progressive implementation of FPAN activities in the next five years. Partner agencies supporting similar programmes may also be able to complement the proposed budget from their own approved planned allocation. This is based on the fact that these have been identified by ministry representatives as part of their on-going programmes.
- 3.7.3 Summary of budget estimate for the implementation and monitoring of FPAN in the next 5 years is summarised below:

Policy	No. of Strategies	Budget Estimate (\$)
1	2	2,500.00
2	4	96,250.00
3	2	275,000.00
4	4	30,000.00
5	7	80,000.00
6	3	30,000.00
7	4	90,000.00
8	3	435,000.00
9	2	30,000.00
GRAND TOTAL =		\$1,068,750.00

Budget details for each strategy can be found in the Framework set out next.

3.8 FIJI PLAN OF ACTION FOR NUTRITION (FPAN) FRAMEWORK 2010-2014

Policy 1: Advocate nutritional issues and mainstreaming into the Government decision-making system

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
1.1 Integration of FPAN into Government Strategic Plan	1.1.1 Review Fiji Plan of Action for Nutrition and submit to Cabinet for endorsement	Endorsed FPAN	FPAN AC, NFNC	2009	Met by NFNC 2009 Budget	10
	1.1.2 Submit FPAN to National Planning Office for incorporation into Government Strategic Development Plan	FPAN submitted and incorporated into Government SDP	FPAN AC, NFNC	2009		
1.2 Intersectoral collaboration for advocacy and mainstreaming nutrition	1.2.1 Establish the National FPAN Advisory Committee [FPAN AC]	FPAN AC and TOR established. Quarterly meetings conducted	FPAN AC, NFNC	2009		
	1.2.2 Oversee the review and submission of FPAN	FPAN reviewed and submitted	FPAN AC, NFNC	2009		

3.8.2 Policy 2: Promote and sustain household food security

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
2.1 Advocacy for consistent nutritious food supply for households	2.1.1 Lobby MPI to include Backyard Gardening in Food Security Programme	Backyard Gardening included in Food Security Programme	FPAN AC, NFNC	2010	NFNC budget	10 & 8
	2.1.2 Lobby MOE to include Agriculture Science as a compulsory subject	Agriculture Science taught as compulsory subject	MPI, FPAN AC	2011		
	2.1.3 Coordinate workshops to advocate food security	2 divisional workshops per year conducted	MPI, NFNC	2010 to 2014	\$20,000.00	
	2.1.4 Coordinate “Young Farmers Show” in schools	1 annual programme organized	MPI, MoE, NFNC	2010 to 2014	\$6,250.00	
	2.1.5 Print Farmers Guide	Farmers Guide booklet printed and disseminated	MPI	2010	MPI budget	
	2.1.6 Support village communities to produce food for their own consumption	Village communities supported	MIA, MPI, NFNC	2010 to 2014	MIA budget	
	2.1.7 Celebrate World Food Day	Report on WFD celebration submitted	MoE, NFNC	2010 to 2014	\$25,000.00	
2.2 Local initiatives for increased production and consumption of fish, seafoods, poultry and livestock	2.2.1 Support and maintain food production for local consumption	Local fish and poultry available at affordable price	MPI	2010 to 2014	\$5,000.00; supplemented by MPI and Fisheries budget	
	2.2.2 Improve feed formulations for poultry and livestock	Improved feeds available	MPI	2010 to 2014		
	2.2.3 Enforce quality control regulations	Clean and wholesome livestock	MPI, MoH	2010 to 2014		
	2.2.4 Encourage backyard poultry farming in rural areas	Backyard poultry farming sustained	MPI, MoW	2010		
	2.2.5 Encourage periodic restrictions [taboo] of traditional fishing grounds	Increased availability of fish and seafoods	MPI, MIA	2010 to 2014	MIA and Fisheries budget	

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
2.3. Community-based food production to increase consumption of vegetables, fruits and root crops	2.3.1 Assist communities establish and maintain organic backyard gardens (easy-to-grow local vegetables)	At least 50 organic gardens established per division	MPI, MoW, NFNC, NSAs	2013	\$20,000.00; supplemented by MPI budget	10 & 8
	2.3.2 Support NSAs efforts to encourage family food gardening in low income households	10 gardens established per division	MPI, MoW, NFNC, NSAs	2013		
	2.3.3 Encourage maximum use of land for subsistence farming	Acreage of land used for fruits, vegetables and root crop production	MPI, MoW, NFNC	2013		
	2.3.4 Maintain seed and planting materials for backyard gardens	Consistent supply of seed and planting materials available	MPI, NFNC	2010 to 2014		
	2.3.5 Develop composting guidelines for community education	Composting Guidelines developed.	MPI, SCC	2011		
	2.3.6 Train farmers on composting, proper use of pesticides, insecticides and fertilizers	2 training workshops per year	MPI, MoH, FNU	2011		
	2.3.7 Provide incentives to encourage increased production of local produce [to include special awards for Best Farmer of the Year, Best Fisherman, Best Garden etc]	5 annual awards	MPI	2010 to 2014	\$10,000.00	
2.4. Promotion of local foods for family meals	2.4.1 Educate community groups on safe food preparation, storage and preservation of local foods	2 educational sessions per year	MoW, MoH, MPI, NFNC	2010 to 2014	\$10,000.00; supplemented by MoW budget	
	2.4.2 Develop recipes using local foods for nutritious family meals	Recipe book published	NFNC, MoW, MPI	2013		

3.8.3 Policy 3: Improve national nutritional status

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
3.1 Promotion and maintenance of healthy weight	3.1.1 Modify Regional Physical Activity Guidelines to Fiji context	Fiji version of PA Guidelines available	MoH	2011	\$5,000.00; plus external donors	10
	3.1.2 Implement Physical Activity Guidelines	PA Guidelines incorporated into "Green Prescription"	MoH, NCHP, NFNC	2011		
	3.1.3 Implement Food and Health Guidelines [FHG]	FHGs used in all schools	NFNC, MoH, NCHP	2013		
3.2 Reduction of undernutrition including micronutrient deficiencies	3.2.1 Grow and consume iron and vitamin A-rich foods	At least 5 organic gardens established per division	MPI, NFNC, MoW, MoH, NSAs	2012	\$20,000.00	
	3.2.2 Submit list of selected nutritious foods for price control	10 nutritious food under price control	NFNC, MoH, MNP	2012		
	3.2.3 Monitor level of fortificant in the flour at point of sale periodically	Fortificant standard is maintained	MoH, NFNC, Food outlets	2010 to 2014		
	3.2.4 Monitor regulation for import of iodised salt	All imported salt are iodised	MoH, FIRCA	2010 to 2014	MoH budget	
	3.2.5 Conduct impact study of flour fortification	Impact assessment conducted and report available	NFNC, MoH	2010	\$250,000.00	
3.3 Reduction of overweight and obesity	3.3.1 Refer to Policy 7 activities				MoH budget	
3.4 Reduction of low and high birth weights	3.4.1 Refer to Policy 5 activities					

3.8.4 Policy 4: Protect consumers through improved quality and safety of food and water

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
4.1 Provision of safe and accessible water supply	4.1.1 Expand piped safe water supply to all households	85% accessed to piped safe water supply	PWD/Water Authority of Fiji, MoH	2014	PWD budget	10
4.2 Promotion of safe food handling practices.	4.2.1 Review and repackage existing education materials on safe food handling and practices	Education training package available	NFNC, CCoF, MoH, MoW, SCC, NSAs	2011	\$5,000.00	
	4.2.2 Train community groups, institutions and organizations on safe food handling and practices	2 training sessions per year	CCoF, NFNC, MoH, MoW, NSAs	2010 to 2014	\$10,000.00	
4.3 Enforcement and monitoring of Food Safety Act	4.3.1 Enforce and monitor Food Safety Act and Regulation	Food Safety Act and Regulation enforced and monitored	MoH, FTCA, CCoF	2010 to 2014	MoH budget	
	4.3.2 Monitor nutrient content labelling	Nutrient content labelling conforms to standards	CCoF, MoH, FTCA	2010 to 2014	\$10,000.00	
4.4 Enforcement of hygiene & village by-laws under the Public Health Act.	4.4.1 Empower village elders and parents to upgrade existing sanitary facilities	75% of households with hygienic toilet facilities	MPD, MoH, MoW	2014	\$5,000.00	
	4.4.2 Empower village elders and parents to enforce hygiene by-laws	Hygiene practices in place and enforced	MIA, MoH	2014		

3.8.5 Policy 5: Improve nutritional status of the socio-economically disadvantaged and the groups that are nutritionally vulnerable (including children, mothers, the aged, differently-abled and those living with HIV/AIDS)

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
5.1 Promotion of increased Exclusive and Continued Breastfeeding	5.1.1 Establish Breastfeeding Committee in the hospital and health care facilities to promote exclusive breastfeeding for the first six months	Committee established. TOR developed	MoH	2009	MoH budget	10
	5.1.2 Implement Baby Friendly Health Centre initiatives	90% EBF for 6 months for all newborn babies annually	MoH	2012		
	5.1.3 Maintain Baby Friendly Hospital status	Baby Friendly Hospital Status maintained	MoH	2010 to 2014		
	5.1.4 Strengthen Breastfeeding Support Groups [BSG] in the community	Annual BSG training in the divisions. BSG established in 90% of health care facilities in Fiji	MoH, NSAs	2012		
	5.1.5 Finalize the draft Code of Marketing of Breastmilk Substitutes and submit to Cabinet	Code finalized, submitted and endorsed	MoH, MoJ	2010		
	5.1.6 Implement and monitor the Code	Monitoring tool developed	MoH, MoJ	2014		
	5.1.7 Celebrate World Breastfeeding Week	Report on WBW celebration submitted	MoH	2010 to 2014		
5.2 Promotion of appropriate complementary foods and feeding practices	5.2.1 Train Health workers on the use of the WHO Child Growth Standards	3 divisional trainings conducted	MoH, NFNC	2010	\$20,000.00	
	5.2.2 Develop Infant & Young Child Feeding [IYCF] COMBI plan	IYCF COMBI plan developed	MoH, NFNC, NCHP	2010		
	5.2.3 Implement IYCF COMBI plan	Plan implemented	NFNC, MoH, NCHP, MoW	2010		
	5.2.4 Incorporate IYCF Training into pre-service curriculum at FNU [FSM, FSN, FCAE and FIT]	IYCF incorporated into the FSM, FSN, FCAE and FIT Curricula.	MoH, FNU	2011		

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
5.3 Nutrition monitoring and counselling to mothers and caregivers.	5.3.1 Conduct routine growth monitoring clinics at the Health Centres and outposts [shift clinics] for all children under 5 years	Annual report submitted/ Standard protocols developed and implemented	MoH	2010 to 2014	MoH budget	10
	5.3.2 Demonstrate and counsel mothers and caregivers during non-thrivers clinics on appropriate diets	Annual report submitted	MoH	2010 to 2014		
	5.3.3 Counsel couples during ante-natal clinics on appropriate diets	Annual report submitted	MoH	2010 to 2014		
5.4 Reduction of anaemia in women and children	5.4.1 Implement Food and Health Guidelines [FHG]	FHGs used in all ANC/MCH clinics	NFNC, MoH, NCHP	2011	\$10,000.00	
	5.4.2 Grow and consume iron rich foods	At least 50 organic gardens established per division	MPI, NFNC, MoW, MoH, NSAs	2012		
	5.4.3 Provide iron supplementation and de-worming for all females	All health facilities provide Fe supplementation and de-worm services for women	MoH	2014	MOH budget	
	5.4.4 Implement iron supplementation program for all pre and primary school aged children	80% coverage for iron supplementation	MoH	2014		
5.5 Training initiatives for income generating food-related activities	5.5.1 Train women groups on food-related income generating activities	2 trainings per year	MoW, NFNC	2010 to 2014	\$25,000.00	
5.6 Provision of nutrition information for HIV/AIDS	5.6.1 Provide training for HIV/AIDS support groups	2 trainings per year	MoH, NFNC	2010 to 2014	MoH budget	
5.7 Disaster Ration Scales	5.7.1 Develop and incorporate nutrition guidelines into Disaster Plan	Guidelines and Ration Scale incorporated into Disaster Plan	MoH, NFNC, NDMO	2011	\$5,000.00	

3.8.6 Policy 6: Nutrition Policy for Schools

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
6.1 Implementation of the Nutrition Policy for Schools	6.1.1 Incorporate nutrition policy into the new curriculum	Nutrition policy included into the National Curriculum	MoE, MoH, NFNC	2012	MoE budget	10
	6.1.2 Incorporate nutrition policy into Teacher Training Curriculum	Nutrition policy included into teacher training curriculum	MoE, MoH, NFNC	2013		
	6.1.3 Conduct Awareness, Training and Advocacy on Policy and Canteen Guidelines for all stakeholders	At least 2 Awareness, Training and Advocacy programs	MoE, MoH, NFNC	2013	\$10,000.00	
	6.1.4 Support the Boarding School Policy	Policy implemented	MoE, MoH, NFNC	2009	MoE budget	
6.2 Promotion of gardening and enterprise education in all schools	6.2.1 Plant fruit trees and establish organic vegetable gardens in school compounds	250 schools with fruit trees and organic vegetable gardens	MoE, MPI	2012	MoE budget	
	6.2.2 Implement enterprise education activities in rural schools	Sustained enterprise projects in 100 schools	MoE, MPI, NFNC	2013		
	6.2.3 Use garden produce for school canteens menu and boarding school meals	Inventory maintained	MoE	2011		
6.3 Implementation of health promoting schools program	6.3.1 Implement Canteen Guidelines in all schools with canteens	7 schools designated Health Promoting School Canteens	MoE, MoH, NFNC	2010	\$5,000.00	
	6.3.2 Implement Food and Health Guidelines [FHG]	FHGs used in 16 pilot HPS schools	NFNC, MoH, NCHP	2011	\$15,000.00; supplemented by MoE/MoH budget	
	6.3.3 Develop and implement "whole school" Food Policy	"Whole school" food policy developed and implemented in 50 schools	MoE, NFNC	2013		

3.8.7 Policy 7: Promote healthy diets and lifestyles

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
7.1 Strengthen community action	7.1.1 Train community health workers and key community leaders on healthy diet and lifestyle	2 trainings conducted annually on Nutrition and Physical Activity	MoH, MIA, NFNC, NSAs	2010 to 2014	\$50,000.00; supplemented by MoH budget	10
	7.1.2 Assist community health workers and key community leaders to educate their communities on healthy diet and lifestyle	Conduct 2 divisional TOT on Nutrition and Physical Activity	MoH, MIA, NFNC, NSAs	2010 to 2014		
	7.1.3 Promote consumption of fruits and vegetables in communities	2 Community trainings in Food Gardening	MoH, MIA, NFNC, NSAs	2010 to 2014		
	7.1.4 Establish food gardens in all hospitals	At least 10 hospitals have gardens	MoH, NFNC, MPI	2013	MoH budget	
	7.1.5 Develop, implement and evaluate social marketing strategies to promote healthy diets and lifestyles based on FHGs	Diet & Physical Activity COMBI Plan developed, communicated, implemented and evaluated.	NCHP, NFNC, MoI, NSAs	2013		
	7.1.6 Incorporate nutrition and physical activity into healthy settings approach	Nutrition and Physical Activity incorporated into existing Healthy Settings.	NCHP, MoH, NFNC	2012	MoH budget	
	7.1.7 Disseminate nutrition information through the NFNC newsletter and www.nutrition.gov.fj	4 newsletters produced per year. Up-to-date website. Number of visitations to website.	NFNC, MoH, MoE	2010 to 2014	NFNC budget	

3.8.7 Policy 7: Promote healthy diets and lifestyles

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
7.2 Develop personal skills	7.2.1 Review, finalize and endorse Food and Health Guidelines	FHG endorsed	NFNC, FPAN AC, FPAN SG	2009	NFNC budget	10
	7.2.2 Develop COMBI Plan, Training Manual and Education Support Materials for FHG	COMBI Plan, Training Manual and Education Support Materials developed	NFNC, NCHP, FPAN SG, MoI	2010	\$5,000.00	
	7.2.3 Train health workers and teachers on the use of Fiji Food and Health Guidelines [FHG]	1 national and 4 divisional trainings conducted	NFNC, MoH, MoE, MPI, FPAN AC	2011 to 2013	\$15,000.00	
	7.2.4 Incorporate FHGs in the current curriculum at targeted tertiary institutions	9 teacher-training institutions teaching FHGs	MoH, NFNC, MoE, FNU	2012	MoH budget	
	7.2.5 In-service training for professionals on nutrition	2 divisional trainings conducted per year	MoH, NFNC, FNU, FPAN AC	2010 to 2014		
7.3 Create supportive environment	7.3.1 Advocate for increase in taxation on unhealthy foods	10 unhealthy foods taxed	PIB, MNP, NFNC, MoH	2013	\$10,000.00; supplemented by MoH budget	
	7.3.2 Submit list of selected nutritious foods under price control	10 nutritious food under price control	MoH, MPI, NFNC, MoJ	2013		
	7.3.3 Establish a code of conduct for food related advertising eg unhealthy foods, children	Policy in place	MoH, NFNC, CCoF	2013		
	7.3.4 Advocate for national salt reduction strategy via public private partnership	Consultation undertaken to produce draft national strategy on salt reduction	MoH, Food Industry	2011	MoH budget	
7.4 Re-orient health service	7.4.1 Implement Non Communicable Diseases [NCD] Toolkit	NCD Toolkit implemented in all divisions. Green Prescription used in all health care facilities	MoH	2010	MoH budget	
	7.4.2 Design appropriate NCD intervention programs for schools	NCD Intervention programs implemented and evaluated in 16 HPS pilot schools	MoH, MoE	2011	\$10,000.00	

3.8.8 Policy 8: Establish and promote nutrition surveillance and monitoring system

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
8.1 Establishment of a centralized database	8.1.1 Submit proposal for allocation of appropriate resources to NFNC	Resources allocated	MoH, NFNC	2011	\$30,000.00; plus donor agencies	10
	8.1.2 Develop a Food and Nutrition Surveillance System	Functional F&N Surveillance System in place	NFNC, MoH, FIBOS	2011		
	8.1.3 Train appropriate personnel	1 permanent position established	NFNC, MoH, FIBOS	2011		
	8.1.4 Strengthen systems network with other implementing agencies	Network established	NFNC, MoH	2012	NFNC budget	
	8.1.5 Disseminate information from F&N Surveillance System through newsletter, website etc	4 articles on surveillance published in the newsletter	NFNC, ITC	2014		
8.2 Monitoring of FPAN	8.2.1 Develop monitoring plan for FPAN	Monitoring Plan developed. Process report submitted annually.	FPAN AC and SG	2010 to 2013	\$5,000.00	
8.3 Evaluation of FPAN	8.3.1 Conduct National Nutrition Survey	Survey completed. Report published.	NFNC, MoH	2014	\$400,000.00	

3.8.9 Policy 9: Strengthen collaboration with development partners

Strategic Objective	Activities	Performance Indicator	Leading Agencies	Timeline	Proposed Budget	Pillar
9.1 Collaboration of public and private sectors in the implementation of FPAN	9.1.1 Implement FPAN activities with partners	10 collaborative projects undertaken	NFNC, MoH, NSAs	2013	\$15,000.00	10
9.2 Collaboration with NCHP	9.2.1 Incorporate food and nutrition component into all ICD healthy settings projects	10 ICD healthy settings with food and nutrition component	NFNC, NCHP, MoH, MPD, MIA	2013	\$15,000.00	
9.3 Strengthen collaboration with regional and international organisations	9.3.1 Sharing of information co-operation through projects	Evidence of technical and financial support	NFNC, MoH	2011	Donor agencies	

BIBLIOGRAPHY

1. The national Food and Nutrition Development Programmes Suva Fiji 1981
2. The Fiji Plan of Action for Nutrition 1998
3. 2004 National Nutrition Survey Reports
4. 2002 STEPS Survey Report, Ministry of Health
5. Fiji Plan of Action for Nutrition Review Report 2006
6. Fiji Government Strategic Development Plan 2007-2011
7. MASLR Annual Corporate Plan 2006
8. Ministry of Health Strategic Plan 2007-2011
9. National Food and Nutrition Policy 2008
10. Food and Nutrition Policy for Schools 2009
11. Peoples Charter for Change, Peace & Prosperity 2008
12. Roadmap for Democracy and Sustainable Socio-Economic Development 2010-2014 [Draft]



Cabinet Decision on the 2009 Fiji Plan of Action for Nutrition

At the Cabinet meeting of 3 December 2009,

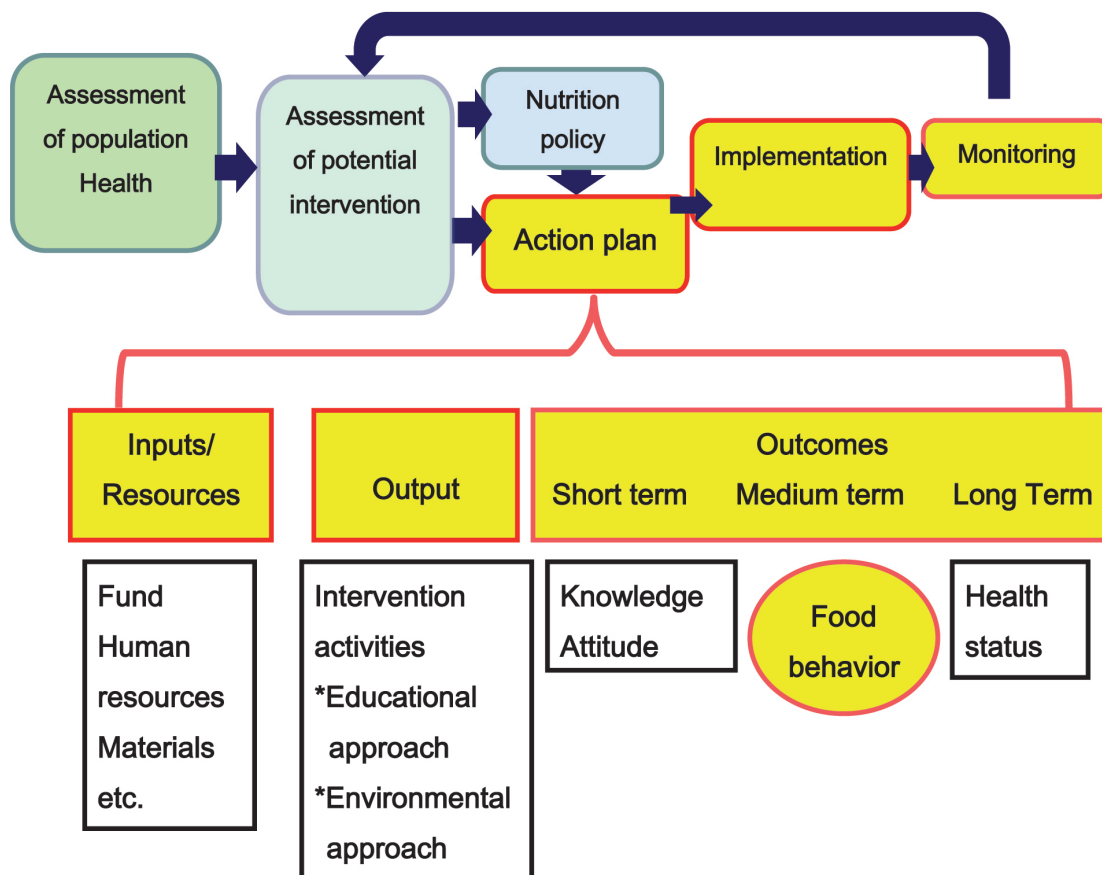
Cabinet with reference to IGCP(09)310 on the Fiji Plan of Action for Nutrition (FPAN) 2010 - 2014:

“ endorsed the Fiji Plan of Action for Nutrition.

- i) approved the phased budget for the annual implementation of the FPAN over a five-year period commencing from 2010, at a total cost of \$,1068, 750.00
- ii) noted that the funding requirement for the implementation of FPAN 2010 – 2014 in 2010, will be sourced from within the Ministry of Health is a budgetary allocations
- iii) noted that the budgetary requirements for the subsequent years will be sourced through the normal budgetary submissions process and
- iv) endorsed the support and commitment of the partners and stakeholders in the FPAN 2010-2014.”

Annex 2:

Nutrition Policy Cycle and FPAN



Processes

Brief outline of FPAN development Process

1. The Plan of Action for Nutrition operationalizes Fiji National Food and Nutrition Policy (refer to above Figure)
2. The National Food and Nutrition Centre is the FPAN Secretariat, tasked to coordinate the implementation of FPAN Strategies. The Nutrition Centre put together the necessary background information to inform the development
3. A multi-sectoral FPAN Advisory Committee [FPAN AC], chaired by the National Planning Office representative, was established to oversee the review/development process.
4. A FPAN Steering Group [FPAN SG], was formed by the FPAN AC to fine tune the plan of action.
5. Wide consultations were undertaken further by the FPAN SG through various multi-sectoral committees such as the National Health Promotion Council, National NCD Committee, NCD Healthy Food Choice Sub-Committee, National Food Based Dietary Guidelines workshop, National Public Health Divisional workshops and meetings, and Consultations with Ministry of Finance & National Planning, as well as Regional Organisations
6. The final draft FPAN 2010-2014 was presented to the National Health Executive Committee [NHEC] for approval, and for onward submission to

Annex 3:**FPAN Advisory Committee [FPAN AC] 2009**

No	Name	Ministry/Department
1	James Antonio	Primary Industries - Agriculture
2	Sunia Waqainabete	Primary Industries - Fisheries
3	Waisele Delai	Health
4	Isimeli Tukana	Health
5	Nisha Khan	Health
6	Rajjeli Mawa	Women & Social Welfare
7	Litia Mawi	Poverty Alleviation
8	Joela Cama	National Planning
9	Taributi Bebeia	National Planning
10	Matelita Rauca	Education - TVET
11	Tikiko Lewesi	Education - CDU
12	Joeli Luvu	Indigenous Affairs
13	Viliame Kubunavanua	Provincial Development
14	Lusi Naimawi	Prices & Income Board
15	John Penjueli	Ministry of Information
16	Vishal Kumar	Red Cross
17	Shelvin Prasad	Consumer Council of Fiji
18	Kiti Bulamainaivalu	Fiji School of Medicine
19	Permal Deo	USP – Institute of Applied Science
20	Fulori Sarai	USP – Home Economics
21	Atelini Koroiwaca	SPC – CETC
22	Andrew Prasad	Suva City Council
23	Jimaima Schultz	NFNC
24	Ateca Kama	NFNC

FPAN Steering Group [FPAN SG] 2009

No	Name	Ministry / Institution
1	Joela Cama	National Planning
2	James Antonio	Primary Industries - Agriculture
3	Matelita Rauca	Education - TVET
4	Kiti Bulamainaivalu	Fiji School of Medicine
5	Fulori Sarai	USP – Home Economics
6	Atelini Koroiwaca	SPC – CETC
7	Isimeli Tukana	Health
8	Nisha Khan	Health
9	Jimaima Schultz	NFNC
10	Ateca Kama	NFNC

Annex 4: Stakeholder Activities

Stakeholder	Activity No.	Activities	Leading Agencies	Timeline
CCoF	4.2.2	Train community groups, institutions and organizations on safe food handling and practices	CCoF, NFNC, MoH, MoW, NSAs	2010 to 2014
CCoF	4.3.1	Enforce and monitor Food Safety Act and Regulation	MoH, FTCA, CCoF	2010 to 2014
CCoF	4.3.2	Monitor nutrient content labelling	CCoF, MoH, FTCA	2010 to 2014
CCoF	4.2.1	Review and repackage existing education materials on safe food handling and practices	NFNC, CCoF, MoH, MoW, SCC, NSAs	2011
CCoF	7.3.3	Establish a code of conduct for food related advertising eg unhealthy foods, children	MoH, NFNC, CCoF	2013
FIBOS	8.1.2	Develop a Food and Nutrition Surveillance System	NFNC, MoH, FIBOS	2011
FIBOS	8.1.3	Train appropriate personnel	NFNC, MoH, FIBOS	2011
FIRCA	3.2.4	Monitor regulation for import of iodised salt	MoH, FIRCA	2010 to 2014
FNU	7.2.5	In-service training for professionals on nutrition	MoH, NFNC, FNU, FPAN AC	2010 to 2014
FNU	2.3.6	Train farmers on composting, proper use of pesticides, insecticides and fertilizers	MPI, MoH, FNU	2011
FNU	5.2.4	Incorporate IYCF Training into pre-service curriculum at FNU [FSM, FSN, FCAE and FIT]	MoH, FNU	2011
FNU	7.2.4	Incorporate FHGs in the current curriculum at targeted tertiary institutions	MoH, NFNC, MoE, FNU	2012
Food Industry	7.3.4	Advocate for national salt reduction strategy via public-private partnership	MoH, Food Industry	2011
Food outlets	3.2.3	Monitor level of fortificant in the flour at point of sale periodically	MoH, NFNC, Food outlets	2010 to 2014
FPAN AC	1.1.1	Review Fiji Plan of Action for Nutrition and submit to Cabinet for endorsement	FPAN AC, NFNC	2009
FPAN AC	1.1.2	Submit FPAN to National Planning Office for incorporation into Government Strategic Development Plan	FPAN AC, NFNC	2009
FPAN AC	1.2.1	Establish the National FPAN Advisory Committee [FPAN AC]	FPAN AC, NFNC	2009
FPAN AC	1.2.2	Oversee the review and submission of FPAN	FPAN AC, NFNC	2009
FPAN AC	7.2.1	Review, finalize and endorse Food and Health Guidelines	NFNC, FPAN AC, FPAN SG	2009
FPAN AC	2.1.1	Lobby MPI to include Backyard Gardening in Food Security Programme	FPAN AC, NFNC	2010
FPAN AC	8.2.1	Develop monitoring plan for FPAN	FPAN AC and SG	2010 to 2013
FPAN AC	7.2.5	In-service training for professionals on nutrition	MoH, NFNC, FNU, FPAN AC	2010 to 2014
FPAN AC	2.1.2	Lobby MOE to include Agriculture Science as a compulsory subject	MPI, FPAN AC	2011
FPAN AC	7.2.3	Train health workers and teachers on the use of Fiji Food and Health Guidelines [FHG]	NFNC, MoH, MoE, MPI, FPAN AC	2011 to 2013
FPAN SG	7.2.1	Review, finalize and endorse Food and Health Guidelines	NFNC, FPAN AC, FPAN SG	2009
FPAN SG	7.2.2	Develop COMBI Plan, Training Manual and Education Support Materials for FHG	NFNC, NCHP, FPAN SG, Mol	2010
FPAN SG	8.2.1	Develop monitoring plan for FPAN	FPAN AC and SG	2010 to 2013
FTCA	4.3.1	Enforce and monitor Food Safety Act and Regulation	MoH, FTCA, CCoF	2010 to 2014
FTCA	4.3.2	Monitor nutrient content labelling	CCoF, MoH, FTCA	2010 to 2014
ITC	8.1.5	Disseminate information from F&N Surveillance System through newsletter, website etc	NFNC, ITC	2014
MIA	2.1.6	Support village communities to produce food for their own consumption	MIA, MPI, NFNC	2010 to 2014
MIA	2.2.5	Encourage periodic restrictions [taboo] of traditional fishing grounds	MPI, MIA	2010 to 2014
MIA	7.1.1	Train community health workers and key community leaders on healthy diet and lifestyle	MoH, MIA, NFNC, NSAs	2010 to 2014
MIA	7.1.2	Assist community health workers and key community leaders to educate their communities on healthy diet and lifestyle	MoH, MIA, NFNC, NSAs	2010 to 2014
MIA	7.1.3	Promote consumption of fruits and vegetables in communities	MoH, MIA, NFNC, NSAs	2010 to 2014
MIA	9.2.1	Incorporate food and nutrition component into all ICD healthy settings projects	NFNC, NCHP, MoH, MPD, MIA	2013
MIA	4.4.2	Empower village elders and parents to enforce hygiene by-laws	MIA, MoH	2014
MNP	3.2.2	Submit list of selected nutritious foods for price control	NFNC, MoH, MNP	2012
MNP	7.3.1	Advocate for increase in taxation on unhealthy foods	PIB, MNP, NFNC, MoH	2013
MoE	6.1.4	Support the Boarding School Policy	MoE, MoH, NFNC	2009
MoE	6.3.1	Implement Canteen Guidelines in all schools with canteens	MoE, MoH, NFNC	2010
MoE	2.1.4	Coordinate "Young Farmers Show" in schools	MPI, MoE, NFNC	2010 to 2014
MoE	2.1.7	Celebrate World Food Day	MoE, NFNC	2010 to 2014
MoE	7.1.7	Disseminate nutrition information through the NFNC newsletter and www.nutrition.gov.fj	NFNC, MoH, MoE	2010 to 2014
MoE	6.2.3	Use garden produce for school canteens menu and boarding school meals	MoE	2011
MoE	7.4.2	Design appropriate NCD intervention programs for schools	MoH, MoE	2011
MoE	7.2.3	Train health workers and teachers on the use of Fiji Food and Health Guidelines [FHG]	NFNC, MoH, MoE, MPI, FPAN AC	2011 to 2013
MoE	6.1.1	Incorporate nutrition policy into the new curriculum	MoE, MoH, NFNC	2012
MoE	6.2.1	Plant fruit trees and establish organic vegetable gardens in school compounds	MoE, MPI	2012

Annex 4: Stakeholder Activities

Stakeholder	Activity No.	Activities	Leading Agencies	Timeline
MoE	7.2.4	Incorporate FHGs in the current curriculum at targeted tertiary institutions	MoH, NFNC, MoE, FNU	2012
MoE	6.1.2	Incorporate nutrition policy into Teacher Training Curriculum	MoE, MoH, NFNC	2013
MoE	6.1.3	Conduct Awareness, Training and Advocacy on Policy and Canteen Guidelines for all stakeholders	MoE, MoH, NFNC	2013
MoE	6.2.2	Implement enterprise education activities in rural schools	MoE, MPI, NFNC	2013
MoE	6.3.3	Develop and implement "whole school" Food Policy	MoE, NFNC	2013
MoH	5.1.1	Establish Breastfeeding Committee in the hospital and health care facilities to promote exclusive breastfeeding for the first six months	MoH	2009
MoH	6.1.4	Support the Boarding School Policy	MoE, MoH, NFNC	2009
MoH	3.2.5	Conduct impact study of flour fortification	NFNC, MoH	2010
MoH	5.1.5	Finalize the draft Code of Marketing of Breastmilk Substitutes and submit to Cabinet	MoH, MoJ	2010
MoH	5.2.1	Train Health workers on the use of the WHO Child Growth Standards	MoH, NFNC	2010
MoH	5.2.2	Develop Infant & Young Child Feeding [IYCF] COMBI plan	MoH, NFNC, NCHP	2010
MoH	5.2.3	Implement IYCF COMBI plan	NFNC, MoH, NCHP, MoW	2010
MoH	6.3.1	Implement Canteen Guidelines in all schools with canteens	MoE, MoH, NFNC	2010
MoH	7.4.1	Implement Non Communicable Diseases [NCD] Toolkit	MoH	2010
MoH	2.2.3	Enforce quality control regulations	MPI, MoH	2010 to 2014
MoH	2.4.1	Educate community groups on safe food preparation, storage and preservation of local foods	MoW, MoH, MPI, NFNC	2010 to 2014
MoH	3.2.3	Monitor level of fortificant in the flour at point of sale periodically	MoH, NFNC, Food outlets	2010 to 2014
MoH	3.2.4	Monitor regulation for import of iodised salt	MoH, FIRCA	2010 to 2014
MoH	4.2.2	Train community groups, institutions and organizations on safe food handling and practices	CCoF, NFNC, MoH, MoW, NSAs	2010 to 2014
MoH	4.3.1	Enforce and monitor Food Safety Act and Regulation	MoH, FTCA, CCoF	2010 to 2014
MoH	4.3.2	Monitor nutrient content labelling	CCoF, MoH, FTCA	2010 to 2014
MoH	5.1.3	Maintain Baby Friendly Hospital status	MoH	2010 to 2014
MoH	5.1.7	Celebrate World Breastfeeding Week	MoH	2010 to 2014
MoH	5.3.1	Conduct routine growth monitoring clinics at the Health Centres and outposts [shift clinics] for all children under 5 years	MoH	2010 to 2014
MoH	5.3.2	Demonstrate and counsel mothers and caregivers during non-thrivers clinics on appropriate diets	MoH	2010 to 2014
MoH	5.3.3	Counsel couples during ante-natal clinics on appropriate diets	MoH	2010 to 2014
MoH	5.6.1	Provide training for HIV/AIDS support groups	MoH, NFNC	2010 to 2014
MoH	7.1.1	Train community health workers and key community leaders on healthy diet and lifestyle	MoH, MIA, NFNC, NSAs	2010 to 2014
MoH	7.1.2	Assist community health workers and key community leaders to educate their communities on healthy diet and lifestyle	MoH, MIA, NFNC, NSAs	2010 to 2014
MoH	7.1.3	Promote consumption of fruits and vegetables in communities	MoH, MIA, NFNC, NSAs	2010 to 2014
MoH	7.1.7	Disseminate nutrition information through the NFNC newsletter and www.nutrition.gov.fj	NFNC, MoH, MoE	2010 to 2014
MoH	7.2.5	In-service training for professionals on nutrition	MoH, NFNC, FNU, FPAN AC	2010 to 2014
MoH	2.3.6	Train farmers on composting, proper use of pesticides, insecticides and fertilizers	MPI, MoH, FNU	2011
MoH	3.1.1	Modify Regional Physical Activity Guidelines to Fiji context	MoH	2011
MoH	3.1.2	Implement Physical Activity Guidelines	MoH, NCHP, NFNC	2011
MoH	4.2.1	Review and repackage existing education materials on safe food handling and practices	NFNC, CCoF, MoH, MoW, SCC, NSAs	2011
MoH	5.2.4	Incorporate IYCF Training into pre-service curriculum at FNU [FSM, FSN, FCAE and FIT]	MoH, FNU	2011
MoH	5.4.1	Implement Food and Health Guidelines [FHG]	NFNC, MoH, NCHP	2011
MoH	5.7.1	Develop and incorporate nutrition guidelines into Disaster Plan	MoH, NFNC, NDMO	2011
MoH	6.3.2	Implement Food and Health Guidelines [FHG]	NFNC, MoH, NCHP	2011
MoH	7.3.4	Advocate for national salt reduction strategy via public-private partnership	MoH, Food Industry	2011
MoH	7.4.2	Design appropriate NCD intervention programs for schools	MoH, MoE	2011
MoH	8.1.1	Submit proposal for allocation of appropriate resources to NFNC	MoH, NFNC	2011
MoH	8.1.2	Develop a Food and Nutrition Surveillance System	NFNC, MoH, FIBOS	2011
MoH	8.1.3	Train appropriate personnel	NFNC, MoH, FIBOS	2011
MoH	9.3.1	Sharing of information co-operation through projects	NFNC, MoH	2011
MoH	7.2.3	Train health workers and teachers on the use of Fiji Food and Health Guidelines [FHG]	NFNC, MoH, MoE, MPI, FPAN AC	2011 to 2013
MoH	3.2.1	Grow and consume iron and vitamin A-rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
MoH	3.2.2	Submit list of selected nutritious foods for price control	NFNC, MoH, MNP	2012
MoH	5.1.2	Implement Baby Friendly Health Centre initiatives	MoH	2012
MoH	5.1.4	Strengthen Breastfeeding Support Groups [BSG] in the community	MoH, NSAs	2012

Annex 4: Stakeholder Activities

Stakeholder	Activity No.	Activities	Leading Agencies	Timeline
MoH	5.4.2	Grow and consume iron rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
MoH	6.1.1	Incorporate nutrition policy into the new curriculum	MoE, MoH, NFNC	2012
MoH	7.1.6	Incorporate nutrition and physical activity into healthy settings approach	NCHP, MoH, NFNC	2012
MoH	7.2.4	Incorporate FHGs in the current curriculum at targeted tertiary institutions	MoH, NFNC, MoE, FNU	2012
MoH	8.1.4	Strengthen systems network with other implementing agencies	NFNC, MoH	2012
MoH	3.1.3	Implement Food and Health Guidelines [FHG]	NFNC, MoH, NCHP	2013
MoH	6.1.2	Incorporate nutrition policy into Teacher Training Curriculum	MoE, MoH, NFNC	2013
MoH	6.1.3	Conduct Awareness, Training and Advocacy on Policy and Canteen Guidelines for all stakeholders	MoE, MoH, NFNC	2013
MoH	7.1.4	Establish food gardens in all hospitals	MoH, NFNC, MPI	2013
MoH	7.3.1	Advocate for increase in taxation on unhealthy foods	PIB, MNP, NFNC, MoH	2013
MoH	7.3.2	Submit list of selected nutritious foods under price control	MoH, MPI, NFNC, MoJ	2013
MoH	7.3.3	Establish a code of conduct for food related advertising eg unhealthy foods, children	MoH, NFNC, CCoF	2013
MoH	9.2.1	Incorporate food and nutrition component into all ICD healthy settings projects	NFNC, NCHP, MoH, MPD, MIA	2013
MoH	4.1.1	Expand piped safe water supply to all households	PWD/Water Authority of Fiji, MoH	2014
MoH	4.4.1	Empower village elders and parents to upgrade existing sanitary facilities	MPD, MoH, MoW	2014
MoH	4.4.2	Empower village elders and parents to enforce hygiene by-laws	MIA, MoH	2014
MoH	5.1.6	Implement and monitor the Code	MoH, MoJ	2014
MoH	5.4.3	Provide iron supplementation and de-worming for all females	MoH	2014
MoH	5.4.4	Implement iron supplementation program for all pre and primary school aged children	MoH	2014
MoH	8.3.1	Conduct National Nutrition Survey	NFNC, MoH	2014
MoH	9.1.1	Implement FPAN activities with partners	NFNC, MoH, NSAs	2014
Mol	7.2.2	Develop COMBI Plan, Training Manual and Education Support Materials for FHG	NFNC, NCHP, FPAN SG, Mol	2010
Mol	7.1.5	Develop, implement and evaluate social marketing strategies to promote healthy diets and lifestyles based on FHGs	NCHP, NFNC, Mol, NSAs	2013
MoJ	5.1.5	Finalize the draft Code of Marketing of Breastmilk Substitutes and submit to Cabinet	MoH, MoJ	2010
MoJ	7.3.2	Submit list of selected nutritious foods under price control	MoH, MPI, NFNC, MoJ	2013
MoJ	5.1.6	Implement and monitor the Code	MoH, MoJ	2014
MoW	2.2.4	Encourage backyard poultry farming in rural areas	MPI, MoW	2010
MoW	5.2.3	Implement IYCF COMBI plan	NFNC, MoH, NCHP, MoW	2010
MoW	2.4.1	Educate community groups on safe food preparation, storage and preservation of local foods	MoW, MoH, MPI, NFNC	2010 to 2014
MoW	4.2.2	Train community groups, institutions and organizations on safe food handling and practices	CCoF, NFNC, MoH, MoW, NSAs	2010 to 2014
MoW	5.5.1	Train women groups on food-related income generating activities	MoW, NFNC	2010 to 2014
MoW	4.2.1	Review and repackage existing education materials on safe food handling and practices	NFNC, CCoF, MoH, MoW, SCC, NSAs	2011
MoW	3.2.1	Grow and consume iron and vitamin A-rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
MoW	5.4.2	Grow and consume iron rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
MoW	2.3.1	Assist communities establish and maintain organic backyard gardens (easy-to-grow local vegetables)	MPI, MoW, NFNC, NSAs	2013
MoW	2.3.2	Support NSAs efforts to encourage family food gardening in low income households	MPI, MoW, NFNC, NSAs	2013
MoW	2.3.3	Encourage maximum use of land for subsistence farming	MPI, MoW, NFNC	2013
MoW	2.4.2	Develop recipes using local foods for nutritious family meals	NFNC, MoW, MPI	2013
MoW	4.4.1	Empower village elders and parents to upgrade existing sanitary facilities	MPD, MoH, MoW	2014
MPD	9.2.1	Incorporate food and nutrition component into all ICD healthy settings projects	NFNC, NCHP, MoH, MPD, MIA	2013
MPD	4.4.1	Empower village elders and parents to upgrade existing sanitary facilities	MPD, MoH, MoW	2014
MPI	2.1.5	Print Farmers Guide	MPI	2010
MPI	2.2.4	Encourage backyard poultry farming in rural areas	MPI, MoW	2010
MPI	2.1.3	Coordinate workshops to advocate food security	MPI, NFNC	2010 to 2014
MPI	2.1.4	Coordinate "Young Farmers Show" in schools	MPI, MoE, NFNC	2010 to 2014
MPI	2.1.6	Support village communities to produce food for their own consumption	MIA, MPI, NFNC	2010 to 2014
MPI	2.2.1	Support and maintain food production for local consumption	MPI	2010 to 2014
MPI	2.2.2	Improve feed formulations for poultry and livestock	MPI	2010 to 2014
MPI	2.2.3	Enforce quality control regulations	MPI, MoH	2010 to 2014
MPI	2.2.5	Encourage periodic restrictions [taboo] of traditional fishing grounds	MPI, MIA	2010 to 2014

Annex 4: Stakeholder Activities

Stakeholder	Activity No.	Activities	Leading Agencies	Timeline
MPI	2.3.4	Maintain seed and planting materials for backyard gardens	MPI, NFNC	2010 to 2014
MPI	2.3.7	Provide incentives to encourage increased production of local produce [to include special awards for Best Farmer of the Year, Best Fisherman, Best Garden etc]	MPI	2010 to 2014
MPI	2.4.1	Educate community groups on safe food preparation, storage and preservation of local foods	MoW, MoH, MPI, NFNC	2010 to 2014
MPI	2.1.2	Lobby MOE to include Agriculture Science as a compulsory subject	MPI, FPAN AC	2011
MPI	2.3.5	Develop composting guidelines for community education	MPI, SCC	2011
MPI	2.3.6	Train farmers on composting, proper use of pesticides, insecticides and fertilizers	MPI, MoH, FNU	2011
MPI	7.2.3	Train health workers and teachers on the use of Fiji Food and Health Guidelines [FHG]	NFNC, MoH, MoE, MPI, FPAN AC	2011 to 2013
MPI	3.2.1	Grow and consume iron and vitamin A-rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
MPI	5.4.2	Grow and consume iron rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
MPI	6.2.1	Plant fruit trees and establish organic vegetable gardens in school compounds	MoE, MPI	2012
MPI	2.3.1	Assist communities establish and maintain organic backyard gardens (easy-to-grow local vegetables)	MPI, MoW, NFNC, NSAs	2013
MPI	2.3.2	Support NSAs efforts to encourage family food gardening in low income households	MPI, MoW, NFNC, NSAs	2013
MPI	2.3.3	Encourage maximum use of land for subsistence farming	MPI, MoW, NFNC	2013
MPI	2.4.2	Develop recipes using local foods for nutritious family meals	NFNC, MoW, MPI	2013
MPI	6.2.2	Implement enterprise education activities in rural schools	MoE, MPI, NFNC	2013
MPI	7.1.4	Establish food gardens in all hospitals	MoH, NFNC, MPI	2013
MPI	7.3.2	Submit list of selected nutritious foods under price control	MoH, MPI, NFNC, MoJ	2013
NCHP	5.2.2	Develop Infant & Young Child Feeding [IYCF] COMBI plan	MoH, NFNC, NCHP	2010
NCHP	5.2.3	Implement IYCF COMBI plan	NFNC, MoH, NCHP, MoW	2010
NCHP	7.2.2	Develop COMBI Plan, Training Manual and Education Support Materials for FHG	NFNC, NCHP, FPAN SG, MoI	2010
NCHP	3.1.2	Implement Physical Activity Guidelines	MoH, NCHP, NFNC	2011
NCHP	5.4.1	Implement Food and Health Guidelines [FHG]	NFNC, MoH, NCHP	2011
NCHP	6.3.2	Implement Food and Health Guidelines [FHG]	NFNC, MoH, NCHP	2011
NCHP	7.1.6	Incorporate nutrition and physical activity into healthy settings approach	NCHP, MoH, NFNC	2012
NCHP	3.1.3	Implement Food and Health Guidelines [FHG]	NFNC, MoH, NCHP	2013
NCHP	7.1.5	Develop, implement and evaluate social marketing strategies to promote healthy diets and lifestyles based on FHGs	NCHP, NFNC, MoI, NSAs	2013
NCHP	9.2.1	Incorporate food and nutrition component into all ICD healthy settings projects	NFNC, NCHP, MoH, MPD, MIA	2013
NDMO	5.7.1	Develop and incorporate nutrition guidelines into Disaster Plan	MoH, NFNC, NDMO	2011
NFNC	1.1.1	Review Fiji Plan of Action for Nutrition and submit to Cabinet for endorsement	FPAN AC, NFNC	2009
NFNC	1.1.2	Submit FPAN to National Planning Office for incorporation into Government Strategic Development Plan	FPAN AC, NFNC	2009
NFNC	1.2.1	Establish the National FPAN Advisory Committee [FPAN AC]	FPAN AC, NFNC	2009
NFNC	1.2.2	Oversee the review and submission of FPAN	FPAN AC, NFNC	2009
NFNC	6.1.4	Support the Boarding School Policy	MoE, MoH, NFNC	2009
NFNC	7.2.1	Review, finalize and endorse Food and Health Guidelines	NFNC, FPAN AC, FPAN SG	2009
NFNC	2.1.1	Lobby MPI to include Backyard Gardening in Food Security Programme	FPAN AC, NFNC	2010
NFNC	3.2.5	Conduct impact study of flour fortification	NFNC, MoH	2010
NFNC	5.2.1	Train Health workers on the use of the WHO Child Growth Standards	MoH, NFNC	2010
NFNC	5.2.2	Develop Infant & Young Child Feeding [IYCF] COMBI plan	MoH, NFNC, NCHP	2010
NFNC	5.2.3	Implement IYCF COMBI plan	NFNC, MoH, NCHP, MoW	2010
NFNC	6.3.1	Implement Canteen Guidelines in all schools with canteens	MoE, MoH, NFNC	2010
NFNC	7.2.2	Develop COMBI Plan, Training Manual and Education Support Materials for FHG	NFNC, NCHP, FPAN SG, MoI	2010
NFNC	2.1.3	Coordinate workshops to advocate food security	MPI, NFNC	2010 to 2014
NFNC	2.1.4	Coordinate "Young Farmers Show" in schools	MPI, MoE, NFNC	2010 to 2014
NFNC	2.1.6	Support village communities to produce food for their own consumption	MIA, MPI, NFNC	2010 to 2014
NFNC	2.1.7	Celebrate World Food Day	MoE, NFNC	2010 to 2014
NFNC	2.3.4	Maintain seed and planting materials for backyard gardens	MPI, NFNC	2010 to 2014
NFNC	2.4.1	Educate community groups on safe food preparation, storage and preservation of local foods	MoW, MoH, MPI, NFNC	2010 to 2014
NFNC	3.2.3	Monitor level of fortificant in the flour at point of sale periodically	MoH, NFNC, Food outlets	2010 to 2014
NFNC	4.2.2	Train community groups, institutions and organizations on safe food handling and practices	CCoF, NFNC, MoH, MoW, NSAs	2010 to 2014
NFNC	5.5.1	Train women groups on food-related income generating activities	MoW, NFNC	2010 to 2014

Annex 4: Stakeholder Activities

Stakeholder	Activity No.	Activities	Leading Agencies	Timeline
NFNC	5.6.1	Provide training for HIV/AIDS support groups	MoH, NFNC	2010 to 2014
NFNC	7.1.1	Train community health workers and key community leaders on healthy diet and lifestyle	MoH, MIA, NFNC, NSAs	2010 to 2014
NFNC	7.1.2	Assist community health workers and key community leaders to educate their communities on healthy diet and lifestyle	MoH, MIA, NFNC, NSAs	2010 to 2014
NFNC	7.1.3	Promote consumption of fruits and vegetables in communities	MoH, MIA, NFNC, NSAs	2010 to 2014
NFNC	7.1.7	Disseminate nutrition information through the NFNC newsletter and www.nutrition.gov.fj	NFNC, MoH, MoE	2010 to 2014
NFNC	7.2.5	In-service training for professionals on nutrition	MoH, NFNC, FNU, FPAN AC	2010 to 2014
NFNC	3.1.2	Implement Physical Activity Guidelines	MoH, NCHP, NFNC	2011
NFNC	4.2.1	Review and repackage existing education materials on safe food handling and practices	NFNC, CCoF, MoH, MoW, SCC, NSAs	2011
NFNC	5.4.1	Implement Food and Health Guidelines [FHG]	NFNC, MoH, NCHP	2011
NFNC	5.7.1	Develop and incorporate nutrition guidelines into Disaster Plan	MoH, NFNC, NDMO	2011
NFNC	6.3.2	Implement Food and Health Guidelines [FHG]	NFNC, MoH, NCHP	2011
NFNC	8.1.1	Submit proposal for allocation of appropriate resources to NFNC	MoH, NFNC	2011
NFNC	8.1.2	Develop a Food and Nutrition Surveillance System	NFNC, MoH, FIBOS	2011
NFNC	8.1.3	Train appropriate personnel	NFNC, MoH, FIBOS	2011
NFNC	9.3.1	Sharing of information co-operation through projects	NFNC, MoH	2011
NFNC	7.2.3	Train health workers and teachers on the use of Fiji Food and Health Guidelines [FHGI]	NFNC, MoH, MoE, MPI, FPAN AC	2011 to 2013
NFNC	3.2.1	Grow and consume iron and vitamin A-rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
NFNC	3.2.2	Submit list of selected nutritious foods for price control	NFNC, MoH, MNP	2012
NFNC	5.4.2	Grow and consume iron rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
NFNC	6.1.1	Incorporate nutrition policy into the new curriculum	MoE, MoH, NFNC	2012
NFNC	7.1.6	Incorporate nutrition and physical activity into healthy settings approach	NCHP, MoH, NFNC	2012
NFNC	7.2.4	Incorporate FHGs in the current curriculum at targeted tertiary institutions	MoH, NFNC, MoE, FNU	2012
NFNC	8.1.4	Strengthen systems network with other implementing agencies	NFNC, MoH	2012
NFNC	2.3.1	Assist communities establish and maintain organic backyard gardens (easy-to-grow local vegetables)	MPI, MoW, NFNC, NSAs	2013
NFNC	2.3.2	Support NSAs efforts to encourage family food gardening in low income households	MPI, MoW, NFNC, NSAs	2013
NFNC	2.3.3	Encourage maximum use of land for subsistence farming	MPI, MoW, NFNC	2013
NFNC	2.4.2	Develop recipes using local foods for nutritious family meals	NFNC, MoW, MPI	2013
NFNC	3.1.3	Implement Food and Health Guidelines [FHG]	NFNC, MoH, NCHP	2013
NFNC	6.1.2	Incorporate nutrition policy into Teacher Training Curriculum	MoE, MoH, NFNC	2013
NFNC	6.1.3	Conduct Awareness, Training and Advocacy on Policy and Canteen Guidelines for all stakeholders	MoE, MoH, NFNC	2013
NFNC	6.2.2	Implement enterprise education activities in rural schools	MoE, MPI, NFNC	2013
NFNC	6.3.3	Develop and implement "whole school" Food Policy	MoE, NFNC	2013
NFNC	7.1.4	Establish food gardens in all hospitals	MoH, NFNC, MPI	2013
NFNC	7.1.5	Develop, implement and evaluate social marketing strategies to promote healthy diets and lifestyles based on FHGs	NCHP, NFNC, MoI, NSAs	2013
NFNC	7.3.1	Advocate for increase in taxation on unhealthy foods	PIB, MNP, NFNC, MoH	2013
NFNC	7.3.2	Submit list of selected nutritious foods under price control	MoH, MPI, NFNC, MoJ	2013
NFNC	7.3.3	Establish a code of conduct for food related advertising eg unhealthy foods, children	MoH, NFNC, CCoF	2013
NFNC	9.2.1	Incorporate food and nutrition component into all ICD healthy settings projects	NFNC, NCHP, MoH, MPD, MIA	2013
NFNC	8.1.5	Disseminate information from F&N Surveillance System through newsletter, website etc	NFNC, ITC	2014
NFNC	8.3.1	Conduct National Nutrition Survey	NFNC, MoH	2014
NFNC	9.1.1	Implement FPAN activities with partners	NFNC, MoH, NSAs	2014
NSAs	4.2.2	Train community groups, institutions and organizations on safe food handling and practices	CCoF, NFNC, MoH, MoW, NSAs	2010 to 2014
NSAs	7.1.1	Train community health workers and key community leaders on healthy diet and lifestyle	MoH, MIA, NFNC, NSAs	2010 to 2014
NSAs	7.1.2	Assist community health workers and key community leaders to educate their communities on healthy diet and lifestyle	MoH, MIA, NFNC, NSAs	2010 to 2014
NSAs	7.1.3	Promote consumption of fruits and vegetables in communities	MoH, MIA, NFNC, NSAs	2010 to 2014
NSAs	4.2.1	Review and repackage existing education materials on safe food handling and practices	NFNC, CCoF, MoH, MoW, SCC, NSAs	2011
NSAs	3.2.1	Grow and consume iron and vitamin A-rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
NSAs	5.1.4	Strengthen Breastfeeding Support Groups [BSG] in the community	MoH, NSAs	2012
NSAs	5.4.2	Grow and consume iron rich foods	MPI, NFNC, MoW, MoH, NSAs	2012
NSAs	2.3.1	Assist communities establish and maintain organic backyard gardens (easy-to-grow local vegetables)	MPI, MoW, NFNC, NSAs	2013

Annex 4: Stakeholder Activities

Stakeholder	Activity No.	Activities	Leading Agencies	Timeline
NSAs	2.3.2	Support NSAs efforts to encourage family food gardening in low income households	MPI, MoW, NFNC, NSAs	2013
NSAs	7.1.5	Develop, implement and evaluate social marketing strategies to promote healthy diets and lifestyles based on FHGs	NCHP, NFNC, MoI, NSAs	2013
NSAs	9.1.1	Implement FPAN activities with partners	NFNC, MoH, NSAs	2014
PIB	7.3.1	Advocate for increase in taxation on unhealthy foods	PIB, MNP, NFNC, MoH	2013
PWD	4.1.1	Expand piped safe water supply to all households	PWD/Water Authority of Fiji, MoH	2014
SCC	2.3.5	Develop composting guidelines for community education	MPI, SCC	2011
SCC	4.2.1	Review and repackage existing education materials on safe food handling and practices	NFNC, CCoF, MoH, MoW, SCC, NSAs	2011
Water Authority of Fiji	4.1.1	Expand piped safe water supply to all households	PWD/Water Authority of Fiji, MoH	2014

