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The Gazette of the Democratic Socialist Republic of Sri Lanka

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## PART I : SECTION (I) - GENERAL

### Government Notifications

FOOD ACT, No. 26 OF 1980

REGULATIONS made under Section 32 of the Food Act, No. 26 of 1980 by the Minister of Health in consultation with the Food Advisory Committee.

P. DAYARATNE,  
Minister of Health, Nutrition & Welfare.

Colombo,  
19th February, 2003.

#### Food (Sweeteners) Regulations - 2003

1. These Regulations may be cited as the Food (Sweeteners) Regulations 2003 and shall come into operation with effect from 01 April 2004.
2. No person shall use any sweetener, other than a permitted sweetener, in or on any food.
3. No person shall import, store, distribute, transport, sell, expose or advertise for sale any sweetener other than a permitted sweetener for use in or on any food.
4. No person shall use any sweetener in or on any food specially prepared for infants or young children.
5. Subject to Regulation 4,
  - (a) no person shall use any permitted sweetener in or on any food specified in Column 3 of the Schedule I other than a permitted sweetener specified in the corresponding entry in Column 2 exceeding the maximum usable dose specified in corresponding entry in Column 4 of the Schedule 1.
  - (b) a combination of permitted sweeteners may be used subject to the requirements in clause 5 (c).
  - (c) any specified food in relation to which combination of any two permitted sweeteners are specified in the Schedule 1 hereto, may have in or upon it an admixture of such sweeteners only if the sum total of these percentages do not exceed 100 when the quantity of each such sweetener present in such food is expressed as a percentage of the maximum quantity of that sweetener appropriate to that food.

6. Where a permitted sweetener or a combination of permitted sweeteners is used in or on any food, there shall be written on the label of the package containing such food-
- a description "contains permitted sweetener(s) "X" and "Y" and substituting for the letter(s) "X" and "Y" the name(s) of any permitted sweetener (s) used in or on such food.
  - the warning "Excessive consumption may induce laxative effects "where it contains polyols (Sorbitol, Xylitol, Lactitol Mannitol) or Isomalt.
  - (i) When phenyl alanine is present, the warning "Shall not be used by phenyl ketonurics"  
(ii) When aspartame is present, the warning "Not recommended for children"
7. Every warning or description referred to in Regulation 6 shall be written in a clear and legible manner and shall not be hidden, obscured or interrupted by any other written or pictorial matter.
8. In these Regulations, unless the context otherwise requires -
- "Act" means Food Act, No. 26 of 1980.
- "Food" has the same meaning as in the Act.
- "Infants" means children under the age of twelve months.
- "Permitted sweetener" means any sweetener permitted to be used or intended to be used in or on food under the Act or any regulation made thereunder
- "Sweetener" means any food additive that is used or intended to be used.
- to impart a sweet taste to food
  - as a table top sweetener.
- In these regulations the term "Sweetener" does not include carbohydrate sugars.
- "Table top sweetener" means Saccharin and sodium or calcium salts of saccharin, Aspartame, Acesulfame K and Sucralose
- "Young children" means children aged between one and three years
9. Food (Sweeteners) Regulations - 1998 published in the Government Gazette Extraordinary No. 1065/9 of 2 February 1999 are hereby repealed.

## SCHEDULE 1

<i>Column 1</i> <i>INS No.</i>	<i>Column 2</i> <i>Permitted sweetener</i>	<i>Column 3</i> <i>Foods in or on which permitted Sweeteners may be used</i>	<i>Column 4</i> <i>Maximum usable dose</i>
420	Sorbitol, Sorbitol syrup	<b>1. Desserts and similar products</b>  Water based flavoured desserts-energy reduced or with no added sugar  Milk and milk derivative based preparations-energy reduced or with no added sugar Fruit and Vegetable based desserts-energy reduced or with no added sugar Egg based desserts-energy reduced or with no added sugar Cereal-based desserts-energy reduced or with no added sugar	Suitable quantity
421	Manitol		
953	Isomalt		
965	Maltitol, Maltitol syrup		
966	Lactitol		
967	Xylitol		

Column 1 <i>INS No.</i>	Column 2 <i>Permitted sweetener</i>	Column 3 <i>Foods in or on which permitted Sweeteners may be used</i>	Column 4 <i>Maximum usable dose</i>
950	Acesulfame K	<p>Breakfast cereals or cereal based products—energy reduced or with no added sugar                      Fat based desserts—energy reduced or with no added sugar                      Edible ices—energy reduced or with no added sugar                      Jams, jellies, marmalades—energy reduced or with no sugar added                      Fruit preparations—energy reduced or with no sugar added, with the exception of those intended for the manufacture of fruit juice based drinks</p> <p style="text-align: center;"><b>2. Confectionery</b></p> <p>Confectionery with no added sugar                      Dried fruit based confectionery—energy reduced or with no added sugar                      Starch based confectionery—energy reduced or with no added sugar                      Chewing gum with no added sugar</p> <p style="text-align: center;"><b>3. Miscellaneous</b></p> <p>Cocoa based products—energy reduced or with no added sugar                      Sauces                      Mustard cream                      Fine bakery products—energy reduced or with no sugar added                      Products intended for particular nutritional uses                      Solid food supplements/dietary integrators</p> <p style="text-align: center;"><b>1. Non-alcoholic drinks</b></p> <p>Water based flavoured drinks—energy reduced or with no added sugar                      Fruit juice based drinks—energy reduced or with no added sugar</p> <p style="text-align: center;"><b>2. Desserts and similar products</b></p> <p>Water based flavoured desserts—energy reduced or with no added sugar                      Milk and milk derivative based preparations—energy reduced or with no added sugar                      Fruit and vegetable based desserts—energy reduced or with no sugar added                      Egg based desserts, energy reduced or with no added sugar                      Cereal based desserts, energy reduced or with no added sugar                      Fat based desserts, energy reduced or with no added sugar</p> <p style="text-align: center;"><b>3. Confectionery</b></p> <p>Confectionery with no added sugar                      Cocoa or dried fruit based confectionery—energy reduced or with no added sugar                      Starch based confectionery, energy reduced or with no added sugar                      Chewing gum with no added sugar</p>	<p>Suitable quantity</p> <p>350 mg/l.</p> <p>350 mg/l.</p> <p>350 mg/kg.</p> <p>350 mg/kg.</p> <p>350<sup>u</sup> mg/kg.</p> <p>350 mg/kg.</p> <p>350 mg/kg.</p> <p>350 mg/kg.</p> <p>500 mg/kg.</p> <p>500 mg/kg.</p> <p>1000 mg/kg.</p> <p>2000 mg/kg.</p>

Column 1 INS No.	Column 2 Permitted sweetener	Column 3 Foods in or on which permitted Sweeteners may be used	Column 4 Maximum usable dose
951	Aspartame	<p style="text-align: center;"><b>4. Miscellaneous</b></p> <p>“Snacks”: certain flavours of ready to eat, prepacked, dry, savoury starch products and coated nuts 350 mg/kg.</p> <p>Canned or bottled fruit—energy reduced or with no added sugar 350 mg/kg.</p> <p>Energy reduced jams, jellies and marmalades 1000 mg/kg.</p> <p>Energy reduced fruit and vegetable preparations 350 mg/kg.</p> <p style="text-align: center;"><b>1. Non-alcoholic drinks</b></p> <p>Water based flavoured drinks—energy reduced or with no added sugar 600 mg/l.</p> <p>Fruit juice based drinks—energy reduced or with no sugar added 600 mg/l.</p> <p style="text-align: center;"><b>2. Desserts and similar products</b></p> <p>Water based flavoured desserts—energy reduced or with no added sugar 1000 mg/kg.</p> <p>Milk and milk derivative based preparations—energy reduced or with no sugar added 1000 mg/kg.</p> <p>Fruit and vegetable based desserts—energy reduced or with no sugar added 1000 mg/kg.</p> <p>Egg based desserts—energy reduced or with no added sugar 1000 mg/kg.</p> <p>Cereal based dessert—energy reduced or with no added sugar 1000 mg/kg.</p> <p>Fat based desserts—energy reduced or with no added sugar 1000 mg/kg.</p> <p style="text-align: center;"><b>3. Confectionery</b></p> <p>Confectionery with no added sugar 1000 mg/kg.</p> <p>Cocoa or dried fruit based confectionery—energy reduced or with no added sugar 2000 mg/kg.</p> <p>Starch based confectionery—energy reduced or with no added sugar 2000 mg/kg.</p> <p>Chewing gum with no added sugar 5500 mg/kg.</p> <p style="text-align: center;"><b>4. Miscellaneous</b></p> <p>“Snacks”: certain flavours of ready to eat, prepacked, dry, savoury starch products and coated nuts 500 mg/kg.</p> <p>Canned or bottled fruit—energy reduced or with no added sugar 1000 mg/kg.</p> <p>Energy reduced jams, jellies and marmalades 1000 mg/kg.</p> <p>Energy reduced fruit and vegetable preparations 1000 mg/kg.</p>	
955	Sucralose	<p style="text-align: center;"><b>1. Non-alcoholic drinks</b></p> <p>Water based flavoured drinks—energy reduced or with no added sugar 300 mg/l.</p> <p>Fruit juice based drinks—energy reduced or with no sugar added 300 mg/l.</p> <p style="text-align: center;"><b>2. Desserts and similar products</b></p> <p>Water based flavoured deserts—energy reduced or with no added sugar 400 mg/kg.</p>	

Column 1 <i>INS No.</i>	Column 2 <i>Permitted sweetener</i>	Column 3 <i>Foods in or on which permitted Sweeteners may be used</i>	Column 4 <i>Maximum usable dose</i>		
		Milk and milk derivative based preparations—energy reduced or with no sugar added Fruit and vegetable based desserts—energy reduced or with no sugar added Egg based desserts—energy reduced or with no added sugar Cereal based desserts—energy reduced or with no added sugar Breakfast cereals containing more than 15% fibre and minimum of 20% bran, energy reduced or with no added sugar Fat based deserts—energy reduced or with no added sugar	400 mg/kg. 400 mg/kg. 400 mg/kg. 400 mg/kg. 400 mg/kg. 400 mg/kg.		
		<p style="text-align: center;"><b>3. Confectionery</b></p> Confectionery with no added sugar Breath-freshening microsweets with no added sugar Strongly flavoured freshening throat pastilles with no added sugar Energy reduced tablet form confectionery Cocoa or dried fruit based confectionery—energy reduced or with no added sugar Starch based confectionery—energy reduced or with no added sugar Chewing gum with no added sugar	1000 mg/kg. 2400 mg/kg. 1000 mg/kg. 200 mg/kg. 800 mg/kg. 1000 mg/kg. 3000 mg/kg.		
		<p style="text-align: center;"><b>4. Miscellaneous</b></p> “Snacks” certain flavours of ready to eat, prepacked, dry savoury starch products and coated nuts Cornets and wafers for ice—cream with no added sugar Cocoa, milk, dried fruit or fat based sandwich spreads energy reduced or with no added sugar Canned or bottled fruit—energy reduced or with no added sugar Energy reduced jams, jellies and marmalades Energy reduced fruit and vegetable preparations Sweet-sour preserves of fruit and vegetables Sauces Energy reduced soups Mustard cream Fine bakery products—energy reduced or with no added sugar	400 mg/kg. 800 mg/kg. 400 mg/kg. 400 mg/kg. 400 mg/kg. 180 mg/kg. 450 mg/kg. 45 mg/kg. 140 mg/kg. 700 mg/kg.		
		<p style="text-align: center;"><b>1. Non-alcoholic drinks</b></p> Water based flavoured drinks, energy reduced or with no added sugar (carbonated or non-carbonated)	80 mg/l.		
		<p style="text-align: center;"><b>2. Desserts and similar products</b></p> Water based flavoured desserts—energy reduced or with no added sugar Fruit and vegetable based desserts—energy reduced or with no added sugar Egg based desserts—energy reduced or with no added sugar	100 mg/kg. 100 mg/kg. 100 mg/kg.		
		954	Saccharin and its sodium potassium and calcium salts		

Column 1 INS No.	Column 2 Permitted sweetener	Column 3 Foods in or on which permitted Sweeteners may be used	Column 4 Maximum usable dose
		Cereal based desserts—energy reduced or with no added sugar Fat based desserts—energy reduced or with no added sugar  <b>3. Confectionery</b> Confectionery with no added sugar Cocoa or dried fruit based confectionery—energy reduced or with no added sugar Starch based confectionery—energy reduced or with no added sugar Chewing gum with no added sugar  <b>4. Miscellaneous</b> “Snacks”: certain flavours of ready to eat, prepacked, dry, savoury starch products and coated nuts Canned or bottled fruit—energy reduced or with no added sugar Energy reduced jams, jellies and marmalades Energy reduced fruit and vegetable preparations	100 mg/kg. 100 mg/kg.  500 mg/kg. 500 mg/kg. 300 mg/kg. 1200 mg/kg.  100 mg/kg. 200 mg/kg. 200 mg/kg. 200 mg/kg.

**Notes -****1-In Schedule 1—Column 3**

(a) “with no added sugar” means that food to which it refers does not contain any -

- (i) added monosaccharide
- (ii) added disaccharide
- (iii) other added food used for its sweetening properties

(b) “energy reduced” means that the food to which it refers has an energy value reduced by at least 30 percent compared with the original or a similar preparation.

**2 - In Schedule 1—Column 4**

(i) The maximum usable dose indicated in relation to a food is the maximum amount, in milligrams, of permitted sweetener per kilogram of that food which is ready to eat, having been prepared according to any instruction for use.

(ii) In the case of polyols (sorbitol, manitol, xylitol, maltitol, lacticol) and isomalt no maximum level of permitted sweetener in or on a corresponding food is specified but the permitted sweetener may be used in accordance with good manufacturing practice at a level not higher than is necessary to achieve the intended purpose.